



KST-Kingdom-School-of-Taekwon-Do

KINGDOM 왕국 TKD



Join us in Listowel & Abbeydorney

Build Fitness, Build Confidence
& Build Smiles!

What Parents say...

Master Adrian & team at Kingdom School of Taekwon-Do are amazing! My son and daughter, have grown so much in confidence and fitness. We couldn't ask for better.

Thank you! - Laura, Listowel

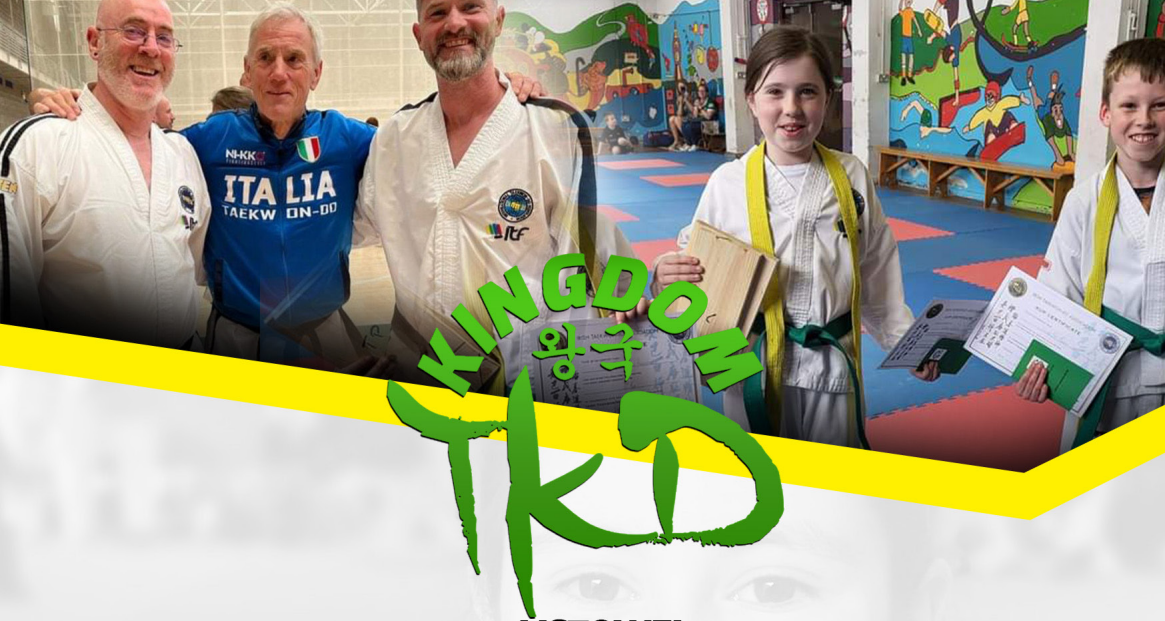


TEXT OR PHONE

MASTER ADRIAN O'MAHONEY 8TH DEGREE.

087 659 6425





KINGDOM 왕국 TKD

LISTOWEL

PLAZA HALL, (BINGO HALL) UPPER CHURCH ST, LISTOWEL.
V31W924

TUESDAY/THURSDAY

4PM TO 4.45PM KUBZ - 3 TO 6 YEARS.

5PM TO 6PM JUNIORS - 7 TO 11 YEARS.

6PM TO 7PM - ADVANCED/SENIORS.

ABBEYDORNEY

ABBEYDORNEY PARISH HALL, ABBEYDORNEY, CO. KERRY. V92
YK5X

FRIDAY

5.15PM TO 6PM KUBZ - 3 TO 6 YRS.

6PM TO 7PM JUNIORS MIX - 7 TO 13 YRS

CONTACT

INSTRUCTOR: MASTER ADRIAN O'MAHONEY 8TH DEGREE.

EMAIL: AOMAHONEY1971@GMAIL.COM

IMAC, GARDA VETTED, FIRST AID, SAFE GUARDING CERTIFIED.

THIS CLUB IS AFFILIATED WITH THE IRISH TAEKWON-DO ASSOCIATION WHICH IS
RECOGNISED BY THE IRISH SPORTS COUNCIL THROUGH THE IRISH MARTIAL ARTS
COMMISSION (IMAC)

