

KINGDOM TAEKWON-DO KI



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WHY YOUR CHILD NEEDS KINGDOM SCHOOLS OF TAEKWON-DO

KINGDOMTKD.IE



WHY YOUR CHILD NEEDS KINGDOM SCHOOLS OF TAEKWON-DO

IMAGINE YOUR CHILD STANDING TALL, CONFIDENT, AND FEARLESS.

At Kingdom Taekwon-Do, we don't just teach martial arts — we help children become unstoppable in confidence, discipline, and respect.

In today's world of constant distractions, bullying, and low self-esteem, kids need more than physical skills. They need mental toughness, strong character, and the ability to thrive under pressure — qualities we build in every single class.

DID YOU KNOW?

Over 80% of children struggle with confidence and focus. Bullying affects 1 in 5 kids, often leaving a lasting mark on self-esteem. Studies show martial arts students are more confident, disciplined, and resilient — both in and out of school.

Kingdom Taekwon-Do isn't just a sport — it's a foundation for life-long success.

💬 **"My son's confidence has skyrocketed since joining Kingdom Taekwon-Do. He's more focused, more disciplined, and no longer afraid to stand up for himself."**

— Pat H., Kerry



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WHY YOUR CHILD NEEDS KINGDOM SCHOOLS OF TAEKWON-DO

WHY PARENTS CHOOSE KINGDOM SCHOOLS OF TAEKWON-DO:

1. **Confidence & Leadership:** From their very first class, your child will learn to carry themselves with pride, speak with confidence, and earn respect — skills that make a difference in school, at home, and everywhere in life.
2. **Discipline & Focus:** Our proven curriculum builds respect, concentration, and self-control — habits that go far beyond the dojang and help children excel in all areas.
3. **Physical Fitness & Mental Toughness:** We develop strength, flexibility, coordination, and the resilience to thrive under pressure. Students don't just learn to defend themselves — they learn to face life's challenges with courage.
4. **Real Results, Proven Success:** Led by 8th Degree Master Adrian O'Mahoney, Kingdom Taekwon-Do is recognised for producing confident, capable martial artists — with students achieving success at national and international level.

"My daughter used to be shy and reserved. Since joining Kingdom Taekwon-Do, she's blossomed — confident, disciplined, and ready for any challenge."

— Liz C., Parent from Listowel



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WHY YOUR CHILD NEEDS KINGDOM SCHOOLS OF TAEKWON-DO

**OUR CHILD DESERVES MORE THAN JUST A HOBBY.
GIVE THEM THE GIFT OF CONFIDENCE,
DISCIPLINE & RESILIENCE.**

Your Child Deserves the Best.
Give Them the Gift of Confidence and Resilience.

At Kingdom Taekwon-Do, we don't just teach martial arts — we shape life skills that last a lifetime. Under the guidance of 8th Degree Master Adrian O'Mahoney, every student receives personal attention in a safe, structured, and inspiring environment, ensuring they reach their fullest potential.

Start Your Child's Journey Today
See the Kingdom Taekwon-Do difference for yourself —
and watch your child grow in confidence, discipline,
and self-belief from their very first class.



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